

OTC Allergy reliever dosing directions for children under 12

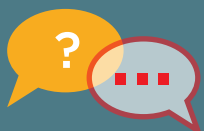
| Cetirizine Hydrochloride | AMOUNT (Active ingredient) | DOSE & FREQUENCY | |
|---|--|--|--|
| | | (Children: 2-6 years) | (Children: 6-12 years) |
| Cetirizine hydrochloride liquid <i>for example</i> REACTINE® Children's Syrup | Cetirizine hydrochloride: 5 mg/5 mL | 1 teaspoon (5 mL) daily OR ½ teaspoon (2.5 mL) in the morning and evening DAILY MAXIMUM Do NOT exceed 1 teaspoons (5 mL) in 24 hours Do NOT use longer than 14 days unless advised by a doctor | 2 teaspoon (10 mL) daily OR 1 teaspoon (5 mL) in the morning and evening DAILY MAXIMUM Do NOT exceed 2 teaspoons (10 mL) in 24 hours Do NOT use longer than 14 days unless advised by a doctor |
| Cetirizine hydrochloride tablets <i>for example</i> REACTINE® Fast Melt Junior | Cetirizine hydrochloride: 10 mg per orally disintegrating tablet | USE Cetirizine hydrochloride liquid (REACTINE® Children's Liquid) | 1 orally disintegrating tablet daily, anytime of day DAILY MAXIMUM Do NOT exceed 1 orally disintegrating tablet in 24 hours Do NOT use longer than 14 days unless advised by a doctor |

| Diphenhydramine Hydrochloride | AMOUNT (Active ingredient) | DOSE & FREQUENCY | | |
|--|--|--|--|---|
| | | Under 24 lbs. (under 11 kg) OR Under 2 years | Between 24-48 lbs. (11-22 kg) OR 2-5 years | Between 48-95 lbs. (22-44 kg) OR 6-Under 12 years |
| Diphenhydramine hydrochloride liquid <i>for example</i> Children's BENADRYL® Liquid | Diphenhydramine hydrochloride: 6.25 mg/5 mL | Consult a doctor | 1 teaspoon (5 mL) every 4-6 hours DAILY MAXIMUM Do NOT exceed 4 teaspoons (20 mL) in 24 hours | 2-4 teaspoon (10-20 mL) every 4-6 hours DAILY MAXIMUM Do NOT exceed 16 teaspoons (80 mL) in 24 hours Do NOT use with any other product containing diphenhydramine, even one used on skin |
| Diphenhydramine hydrochloride chewable tablet <i>for example</i> Children's BENADRYL® Allergy Chewables | Diphenhydramine hydrochloride: 12.5 mg per chewable tablet | Consult a doctor | USE Diphenhydramine hydrochloride liquid (Children's BENADRYL® Liquid) | 1-2 chewable tablets every 4-6 hours DAILY MAXIMUM Do NOT exceed 8 chewable tablets in 24 hours Do NOT use with any other product containing diphenhydramine, even one used on skin |

What you can do

- Always read and follow the medicine label.
- Find the dose for your child's current weight. If you are not sure of your child's weight, use age. As children grow, their doses change over time.
- Use only the dosing device that came with the medicine (syringe or dosing cup).
- Wait the full amount of time between doses. If you give another dose too soon, it could harm your child.

It is important to always read and follow the label. If you have any questions, ask your healthcare professional which product may be right for your child



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| Loratadine | AMOUNT (Active ingredient) | DOSE & FREQUENCY | |
|---|-------------------------------|---|---|
| | | (Children: 2-9 years) (Body weight less than or equal to 30 kg) | (Children: 10 years and over) (Body weight greater than 30 kg) |
| Loratadine Oral Solution <i>for example</i> CLARITIN® Kids Syrup 24 Hour | Loratadine: 5 mg/5 mL | 1 teaspoon (5 mL) daily DAILY MAXIMUM Do NOT exceed 1 teaspoon (5 mL) in 24 hours Do not use longer than 14 days unless advised by a doctor | 2 teaspoon (10 mL) daily DAILY MAXIMUM Do NOT exceed 2 teaspoons (10 mL) in 24 hours Do not use longer than 14 days for 12 years of age or under unless advised by a doctor |
| Loratadine tablets <i>for example</i> CLARITIN® Kids Rapid Dissolve | Loratadine: 5 mg/tablet | 1 tablet daily Do NOT exceed 1 tablet in 24 hours Do not use longer than 14 days unless advised by a doctor | 2 tablets once daily Do NOT exceed 2 tablets in 24 hours Do not use longer than 14 days for 12 years of age or under unless advised by a doctor |

| Desloratadine | AMOUNT (Active ingredient) | DOSE & FREQUENCY | |
|--|-------------------------------|--|---|
| | | (Children: 2-5 years) | (Children: 6-11 years and over) |
| Desloratadine Syrup <i>for example</i> AERIUS® Kids | Desloratadine: 0.5 mg/1 mL | ½ teaspoon (2.5 mL) daily DAILY MAXIMUM Do NOT exceed than ½ teaspoon (2.5 mL) in 24 hours Do not use longer than 14 days unless advised by a doctor | 1 teaspoon (5 mL) daily DAILY MAXIMUM Do NOT exceed 1 teaspoon (5 mL) in 24 hours Do not use longer than 14 days unless advised by a doctor |

What you can do

- Always read and follow the medicine label.
- Find the dose for your child's current weight. If you are not sure of your child's weight, use age. As children grow, their doses change over time.
- Use only the dosing device that came with the medicine (syringe or dosing cup).
- Wait the full amount of time between doses. If you give another dose too soon, it could harm your child.

It is important to always read and follow the label. If you have any questions, ask your healthcare professional which product may be right for your child



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